



*Square1 offers individual therapy at all Decatur Township schools, as well as family therapy in the home or through telehealth. Square1 continues treatment during school breaks and during the summer to provide seamless and consistent therapy to all clients. Below is an overview of our program.*

## **Referral**

School staff as well as parents may request a referral for services. Once a referral is made, Square1 staff will contact the family to verify insurance coverage. Square1 accepts all Medicaid plans as well as clients with private insurance (private insurance clients can expect a small out-of-pocket expense typically in the \$30-45 range per session).

## **Intake**

After the referral has been processed and insurance verified, the assigned Square1 therapist will contact the family to schedule an Intake Assessment. This meeting is to gather information and develop the treatment plan to guide the therapist and the client in achieving the progress we all strive for.

## **Therapy Sessions**

After the Intake Assessment, the Square1 therapist will begin meeting with the client during the school day. Frequency is critical to making progress and Square1 sees Medicaid clients twice weekly. Because of the out-of-pocket cost for private insurance clients, we ask the parent to authorize the number of sessions each month that they are comfortable with. Therapy service is ongoing and reviewed every 90 days.

## **Medicine Management**

Square1 is partnered with Virtual Consult MD to provide medication management appointments virtually, thus eliminating the need for parents to drive to appointments with outside providers. Virtual Consult MD uses psychiatrists and psychiatric nurse practitioners to ensure the most effective treatment plans.

*If you believe that consistent individual therapy would benefit your child, please contact your child's school and discuss a referral for Square1 services.*